



TRIANGLE CMSA SPRING 2023 CONFERENCE

April 24 – May 5, 2023

****presented entirely online****

Susan Davis, MPH, RN, CCM: “Patients Impacted by Chronic Kidney Disease”

Mila Mason, BSN, RN, CHPN: “Nutrition and Hydration Myths and Facts”

Betsy Barton, MPH, CT: “Five invitations: What Death Can Teach Us About Living Fully”

Sara Uribe Dorn, PT, DPT, CCS and Louise (Meg) Williamson, OTR/L, BCPR: “Duke Critical Care Recovery Center”

Julie Ramsey, MSN, RN, CNOR(E), CCM and Christina Kleinert BSN, RN, CHPN, CCM: “Community Resources for Older Adults: Duke Population Health Starter Kit”



SPEAKER BIOS

Susan Davis, MPH, RN, CCM

Ms. Davis has been a registered nurse for more than 40 years. She began working in case management and population health in 2005. She gained certification in 2007 and is active with the Triangle CMSA Chapter. She has worked with agencies and programs working with both adults and children. One area she has recently experienced a large shift in care management is around Chronic Kidney Disease. In recent years there have been added medical treatments for the diseases that may increase the risk of CKD development, earlier access for hemodialysis and agencies specializing in managing the risk and care of individuals impacted by CKD. This session will review some of these changes and how to navigate them and advocate for your patients.

Mila Mason, BSN, RN, CHPN

Mila Mason is a nationally certified hospice and palliative nurse care who works at Transitions Life Care in Raleigh, NC, as an Educator. Mila's nursing career includes working as a medical-surgical-telemetry bedside nurse at Wake Med Health and Hospitals and an instructor at Wake Technical Community College in the Certified Nursing Assistant program. She has served as an Educator and Nurse Case Manager in Community Based Hospice at Transitions Lifecare since 2011. She specializes in providing clinical education in the areas of hospice and palliative care with a particular interest in complimentary practices to pain and symptom management utilizing the "total pain concept" and a trauma-informed approach. She received an Associate Degree in Nursing from Wake Technical Community College and her BSN degree from the University of North Carolina Wilmington. In her free time Mila enjoys traveling and outdoor activities with her family, dogs, and friends, reading a good book, or working on her 30-acre mini-farm in Virginia.

Betsy Barton, MPH, CT

Betsy Barton, MPH, CT, is a Senior Associate for Learning and Research at Transitions Life Care in Raleigh, NC, where she plans and conducts interactive education on a multitude of topics for clinical and community audiences. Previously she worked at the Duke Institute on Care at the End of Life, the Duke Health Inequalities Program, and as part of several research teams for studies at Duke Medical Center related to serious illness, caregiver stress, medical decision-making, and race-based differences regarding decision-making at the end of life.

She received her Master of Public Health degree from the University of North Carolina-Chapel Hill in 1990.

Sara Uribe Dorn, PT, DPT, CCS and Louise (Meg) Williamson, OTR/L, BCPR

Sara Uribe Dorn received her doctorate in physical therapy from Duke University in 2012 and is a Board-Certified Cardiovascular and Pulmonary Physical Therapy specialist. She has 10 years of acute care



experience and enjoys the collaborative interdisciplinary approach of working with complex patients. She was the lead PT in the Duke Medical ICU for 7 years, promoting early mobility, establishing interdisciplinary rounds, and educating nursing staff on safe mobility practices. She served as a mentor in the MICU for both the cardiovascular and pulmonary and oncology PT residencies and regularly serves as a teaching assistant for the Duke DPT school. She now works in an ambulatory setting where she developed Duke's Critical Care Recovery Center, which provides physical therapy and occupational therapy to ICU survivors. Other rehabilitation interests include pre/post abdominal transplant, long COVID, and aquatic therapy for cardiopulmonary impairments. Sara served on the Compassionate Care Conference committee for 2 years and has research interests in promoting critical care workforce resilience through sharing patient stories and strengthening social relationships.

Meg Williamson has been an acute care OT at Duke University Hospital for 6 years. During her second year working, she completed Duke's Critical Care fellowship program. This year involved rotations through the 5 ICUs, didactic work with teaching, research, advocating for OT at the national level and a grand rounds presentation. Her research focused on post intensive care syndrome and the role of therapy in a follow up clinic. After this fellowship year, she became board certified in physical rehabilitation and transitioned to the lead OT for inpatient adult neurology/neurosurgery. After years of working in the ICU with no follow up rehabilitation available, she continued to advocate for the post ICU follow up clinic within her department. With continued efforts, she was able to connect with like-minded therapists to work towards the creation of the Critical Care Recovery Center. Now, Meg works in the neuro ICU at Duke University Hospital with split time at the Critical Care Recovery Center. She helps with precepting at Duke's OTD program as well as being a clinical instructor for graduate students. She also participates in a pilot program in the neuro ICU for tri-weekly interdisciplinary rounds and bi-weekly neurosurgery rounds.

Julie Ramsey, MSN, RN, CNOR(E), CCM and Christina Kleinert BSN, RN, CHPN, CCM

Christina Kleinert is a Complex Care Manager for the Duke Population Health Management Office (PHMO) for the Medicare Team. Her work at the PHMO is primarily with older adults, managing a variety of medical and social needs and connecting them to health system and community resources. She earned a BA from West Chester University and a BSN from Gardner-Webb University. Chris is a Geriatric Resource Nurse and one of two PHMO liaisons for the Duke Center for Geriatric Excellence. Duke Healthcare presented her with a Daisy Award in February 2022 and nominations for the Friends of Nursing Excellence Award in two separate years. Her current nursing certifications include Certified Hospice and Palliative Nurse and Certified Case Manager. Chris is a veteran of the United States Air Force and has worked in a variety of nursing roles, from trauma to hospice and palliative care. Her son and daughter follow in their mother's healthcare footsteps, completing their PA and nursing programs, respectively, in 2023.

Julie Ramsey currently works at the Duke Population Health Management Office (PHMO) as a Care Manager on the QuEST Team, providing onboarding and ongoing education to the care management staff at the PHMO. She received her BSN from Winston-Salem State University where she also earned an MSN as an Advance Nurse Educator and was inducted into the Sigma Theta Tau International Nursing Honor Society and the Alpha Sigma Lambda National Honor Society. Her duties include acting as one of



two PHMO liaisons for the Duke Center for Geriatric Excellence as a Geriatric Resource Nurse. While at Duke, Julie was nominated for a 2021 Friends of Nursing Excellence Award. Her current nursing certifications include Certified Nurse of the OR, Emeritus and Certified Case Manager. Her focus in education and care management at Duke has been on the care of Geriatric patients, inspired by her role as care partner for her mom, Carole, on her Alzheimer's journey.