



TRIANGLE CMSA SPRING 2021 CONFERENCE

April 19, 2021 – April 30, 2021

****presented entirely online****

Dionne R Greenlee-Jones, MPA: “NCCARE360: A Coordinated Response to Health Equity and Health Determinants in NC”

Dr. John Engemann: “COVID 19: A 2021 Update”

Dr. Tabitha Haynes: “Mental Health First Aid”

Chelsea Smyth, RD: “Food Insecurity and Malnutrition: Case Management Considerations”

Alesha Perkins, LCSW: “Do The Right Thing!”

SPEAKER BIOS

Dionne R Greenlee-Jones, MPA: “NCCARE 360”

Dionne Greenlee-Jones is a Community Engagement Manager for NCCARE360, powered by Unite Us. She has a background in implementing public health, social justice, and community engagement initiatives. As a "change agent," she utilizes her skills in DEI (diversity, equity, and inclusion), along with group and facilitation training methods, to accelerate strategic collaborations among stakeholders, bringing them to consensus to address critical community issues. Her academic credentials include a B.S. in Public Health, a Master of Public Administration and various professional certificates: From the CDC and Prevention, U.S. Department of Health and Human Services, Principles of Epidemiology: An Intro to Applied Epidemiology & Biostatistics; and from Duke University Health System, Division of Community Health, Community and Family Medicine - 1) "Basic Community Health," 2) "Medical Screening in a Community Setting," and 3) "Working Effectively in Durham and other Communities." Greenlee-Jones also earned a certificate in Teaching English as a Second Language/English for



Speakers of Other Languages from Duke University, and taught throughout the Triangle, designing health education modules for multicultural classrooms to empower immigrant students and families. She also is a graduate of the Mindfulness Based Stress Reduction Program of Duke Integrative Medicine, and is truly grateful for this knowledge base.

Dr. John Engemann: “Covid 19: A 2021 Update”

Dr. Engemann graduated with High Distinction from the University of Michigan. He earned his medical degree from Wayne State University of Detroit. Dr. Engemann served his internship and residency in internal medicine at Duke University Medical Center. He completed his postdoctoral fellowship in infectious diseases at Duke University Medical Center. Dr Engemann joined Raleigh Infectious Diseases in 2006. Dr. Engemann is actively engaged in clinical trials research for Covid 19 at Duke University medical Center, and was recently published in the New England Journal of Medicine.

Dr. Tabitha Haynes: “Mental Health First Aid”

Dr. Tabitha R. Haynes is a Licensed Clinical Mental Health Counselor Supervisor (LCMHCS) and Licensed Clinical Addictions Specialist (LCAS) with over 20 years' experience in mental health and human services. She is currently a Clinical Assistant Professor in the Department of Counseling at the University of North Carolina at Charlotte. In this role, she teaches, advises, supervises, and mentors students in the MA and PhD counseling programs. She places great emphasis on integrating social justice and advocacy in clinical practice. Dr. Haynes received her Bachelors of Art degree in Psychology from UNC-Wilmington, her Masters of Art in Agency Counseling from NC Central University, and her Doctor of Philosophy degree in Counseling and Counselor Education from NC State University. Her professional background includes counselor education and supervision, individual and group mental health counseling, crisis intervention services, outreach programming and engagement. She has experience working with individuals from diverse backgrounds in college settings, residential treatment, hospital and psychiatric facilities.

Chelsea Smyth, RD: “Food Insecurity and Malnutrition: Case Management Considerations”

Chelsea Smyth has been a clinical dietitian for DukeWELL for the last 3 years. Prior to this she worked as an inpatient dietitian in a community hospital in Northern Virginia. Originally from Richmond, VA, she received a Bachelor’s of Science from Virginia Tech in Dietetics and



completed her internship at VCU Health System. She has also received a Master in Public Health from George Mason University. She currently lives with her husband, 2 cats and a dog in Raleigh, NC where she enjoys reading, cooking, yoga and the outdoors.

Alesha Perkins, LCSW: “Do the Right Thing!”

Alesha Perkins is a Licensed Clinical Social Worker in Virginia and North Carolina and a Certified Case Manager. She received her Bachelor of Arts in Psychology from the University of North Carolina at Greensboro and her Master of Social Work from the University of Central Florida. Alesha has over 19 years of experience in the social work field with vast knowledge in medical social work, child protective services, case management, mental health and substance abuse counseling. Ten years ago she began her instructional career providing ethics trainings to dialysis providers, and since then has created and facilitated numerous trainings on ethics, professional boundaries, behavioral health, motivational interviewing for mental health and medical professionals. She has been an instructor for the National Association of Social Workers-Virginia Chapter and North Carolina Society for Clinical Social Work. She is an advocate for eliminating mental health disparities and provides education in minority communities by doing speaking engagements and community health fairs to promote mental health awareness. Alesha is a former Clinical Director for a mental health agency and currently works for a health insurance provider as a Program Manager. In addition, she is a member of Toastmasters, provides clinical supervision and is an instructor for Perkins Medical Services which has been in business for 21 years and is owned by her mother a nurse educator. Perkins Medical Services provides quality medical and mental health training to those who work for child care centers, residential facilities, mental health agencies, etc.